

1st-3rd Grade Boys/Girls BASKETBALL WORKOUTS

Location: Avera Sports Center (85th & Minnesota)

Cost: \$55 Please make checks payable to Avera Sports Center

Athletes will receive a Warwick Workouts t-shirt.

1_{st}-3_{rd} Grade Advanced weekly basketball workouts are the foundation for young athletes to become a skilled basketball player. 1st-3rd advanced is recommended if athletes are able to correctly do right and left hand lay-ups on a lowered hoop, dribble with eyes up and are comfortable and confident in 2 ball dribbling drills. This session will challenge them beyond those basic foundational skills.

Monday, March 9th 5:00-6:00 Monday, March 16th 5:00-6:00 Monday, March 23rd 5:00-6:00

Register online at

www.warwickworkouts.com

Find your session under the register for workouts tab

Contact Kris Warwick or Cody Schilling with questions about workouts Email: warwickworkouts@gmail.com

Cell: 391-6700 (Kris) or (712)461-2316 (Cody)

WHERE CHAMPIONS TRAIN.